



What Do You Want?

What each of us want is to fulfill our life purpose through conscious choice and action driven by the calling of our soul and highest purpose, not the momentary needs of the mind and ego. When someone asks you what you want, do you really have any idea? Or do you just say what you think you should want?

If you are honest with yourself you will notice that it is easier to know what you don't want rather than what you truly want deep in your heart. The reason is that the mind decides what you want based on what is practical or available or acceptable and does not refer to any deeper feelings that may be deemed as foolish or embarrassing.

What we want throughout our lives is often not based on our deepest needs within each chakra and soul to fulfill our life purpose at every level. All of the 12 Gateways of Consciousness are magnetic energy systems that pull to you, and you toward, living your life purpose in every moment. Your environment is always full of whatever you are here to connect with and express your extraordinary gifts through. The only thing that stops you is being disconnected from your real needs and life callings.

Your greatest inner need is to come in contact with and express your authentic self. To do that you must manage the external circumstances of your life as they come to you. You need to ask for and reach for what you truly want and let go of what does not feed your authentic self, even if the first chakra tribal rules are not written that way.

Our soul needs are very simple and run along the chakras.

1. We need to have our basic survival needs taken care of: home, food, water, clothing, security financially and socially.
2. We want to have pleasure through touch, holding and playful connection. ¶
3. We want to be special in the eyes of others and be seen as amazing and be validated as we show others how unique we truly are. ¶
4. We want to feel loved, tenderness, compassion, forgiveness and reverence, and share those amazing feelings with family and friends. ¶
5. We want to be talked to and listened to and be able to share our dreams, feelings and creativity with others openly and be supported and encouraged to create even more. ¶
6. We want to be able to see the beauty in ourselves through looking in the eyes of others and know that we are right where we are supposed to be. And offer others the same gift. ¶
7. We want to feel connected to a higher power that our consciousness is somehow mysteriously linked to. ¶
8. We want to know we have a physical life purpose that is perfectly matched to our bodies and our environment in every moment. ¶



9. We want to know our highest calling in this lifetime as a spiritual life purpose that is not a job but a quality of internal presence that makes us smile every time we touch it. We want to be able to honor the spiritual purpose in others. ¶
10. We want to have the passion and courage to do what no other human being has ever done before; be our authentic selves. ¶
11. We want to know without a shadow of doubt that we have a soul and that God exists.
12. We want to be able to see that God sparkle in every person's eyes and in the eyes that stare you back in the mirror.

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So when you are asked what you want, any of those energy centers that are open can speak your authentic needs as they come into being in any moment. Just by saying them you should feel good and in your purpose in life, since one of your highest purposes is to send out your vibration in such a way that others can support you in living your life purpose. And in showing that you have the deep need to fulfill and show your purpose, you allow others to do the same.

So why is it so hard to even utter one thing that you really want that is not just fulfilling an ego need, but instead serves your soul? Why do you feel the compulsion to qualify a simple statement that says, "I want you to see how amazing I am" or "I always wanted the smile on my mother's face to be there because she loved me, and on my father's face because he was so proud of me."

The reason you avoid saying those things is simple: Vows. Since your soul's needs and callings were not met, or worse, they were outright rejected by your parents, you made a number of very powerful vows to simply block the feelings that those needs created in you. But those feelings were the link to your greatness, to fully being able to know who you are and why you are here on the planet. What it did was deny your real self. Over time, the vows you made disconnected you from your real needs that are the signposts to keep you on your life purpose journey. We only truly know ourselves through our needs as they arise.

But your vows to deny your real needs have made you a liar. It started out as a victimless crime to lie to yourself. But over time all the people who come to you to be inspired by you have been hurt deeply. Instead of asking for what you needed from them you pretended you had no needs, or needed more than they could give. Either way you rejected them and you. Instead of showing them your vulnerability and secret gifts and how you courageously stand fully in your mission and purpose, you showed them a smaller version of you. A version that you assumed they wanted to see, or one that would not make them feel bad about themselves. Or, maybe you stood above them in judgment, aloof and alone, not with them, swimming in your fears, insecurities and false sense of power.

When someone asks you what you want, you say "Nothing," or you say "Well what I would want to ask for is this, but no one can give it to me so why bother asking," or you say "I just want others to listen to me because if they just do it my way we would all be happier." All lies.

The highest of all gifts we as human beings have been given by the creator is the gift of the "word." (i.e. the creative force of God). We have the power to use this creative force for "Good" or "Evil." Any time you speak your heart and soul's truth, by asking for help or showing them your sacred specialness, you are using God's gift for good and you live in heaven. Hide your light under the bushel basket in any way, or distort your energy unconsciously through ego aggrandizement and isolation and you harness the forces of evil and live in hell.

So how do we stop lying to ourselves and others?



The fifth chakra's demon is lies. To close the heart to the self leaves the mind in control of the voice. The mind's job is to protect its vision of you (your ego self) from rejection, annihilation, abandonment, betrayal, and being hurt in any way. It has come up with a thousand ways to not ask for what you really want. You live your life more from fear and against what you don't want, rather than from trust and what you are for in your life.

To change this pattern is very simple. Open your mouth and speak a truth. Speak a real need. Show everyone you know a real part of you. Every truth you tell will cancel 100 of the lies you have told. Now keep in mind that you have told hundreds of thousands if not millions of lies without even knowing it, so to get the domino's beginning to fall in your direction you better start today.



What Do You Want Worksheet

QUESTION 1: WHAT DO YOU REALLY WANT? Take few minutes and just write down what first comes to mind. What really feels pressing in your life right now?

Once you have a good list, notice how many of the items are things and how many of the items requires someone else to be different than they are or feel something toward you, or demands that life be different than it is. (Those kinds of wants are ego-based and are what distract you from your needs; they are not needs.)

GO TO THE SOURCE

What you did not ask for or get from your mother or father, that you blocked and denied needing, which over time blocked your ability to even want it, has become your internal language that blocks you from living your life purpose. What was unsaid then now drives your primary addiction, lying to the world about who you are and what you need.

QUESTION 2: WHAT DID YOU REALLY WANT FROM YOUR MOTHER? Take a few minutes and write down how you wished your relationship with your mother had been. Do not use her limitations for asking for less, your needs are real you have to ask for everything you needed. If you were the director of a movie and it was the perfect story of your relationship with her, what would it be?

QUESTION 3: WHAT DID YOU REALLY WANT FROM YOUR FATHER? Take a few minutes and write down how you wished your relationship with your father had been. Do not use his limitations for asking for less, your needs are real you have to ask for everything you needed. If you were the director of a movie and it was the perfect story of your relationship with him, what would it be?

SHARE: Share with everyone you know what you really wanted from your mother and father. Then realize that it is not too late to start asking for it. You will always want that from your mother and father. They represent how you need to be seen, heard, touched, loved, encouraged, read to, guided, held accountable, etc. They also represent how you need to be validated, understood and seen as important and amazing.

HINT: HOW TO LIVE YOUR LIFE PURPOSE. These are your real needs, plain and simple. They guide you to see your core profile, your specific chakras, and how to make the choice to live your life purpose in every moment. You want the same thing from everyone and everything, to share your gifts and be loved for who you truly are. Speaking your hearts truth is not complicated but will take more courage than anything else you will ever do.